



YOUTH SUPPORT SERVICES

Get Help with; housing, legal, pregnancy, family, relationships, employment, finances and health.

Aboriginal Tenants Advice and Advocacy Services (TAAS): Provides free advice, advocacy and community education on residential tenancy matters to aboriginal tenants and community organisations in NSW. Greater Sydney: 9569 0222.

Alcohol and Drug Information Service NSW (ADIS): A confidential, anonymous information, advice and referral service. For information about drugs, including methadone, safer injecting advice, parent advice and detox. Available 24 hrs/day 9361 8000 or 1800 422 599 outside Sydney.

Beyondblue information line: provides information and referrals to relevant services for depression and anxiety related matters. 1300 224 636

Carramar Early Interventions - Anglicare: Tel: 13 26 22. Provides support services for pregnant and parenting young women who are up to 25 years of age and their children aged 0-5 years (and sometimes their partners).

Customer assistance Hardship Programs: disconnections, difficulty paying, help in paying, disputes, quality of supply, marketing and customer services issues: Country Energy/Country Support: 132 356 | Integral energy: 131002 | AGL: 131245 | Energy Australia: 1300 723 492 | Origin Customer Advocacy: 132 461

Housing NSW: 1300 468 746. Available 24/7

FACS (DOCS) helpline: 132 111

Domestic Violence Helpline: 1800 656 463

Family Planning Association Helpline: 1300 658 886 (local call costs only)

Health Direct Australia Advice Line: Free Call: 1800 022 222

Karitane Care line: 1300 227 464 (24hours) free call

Kids Helpline: 1800 551 800

Lifeline: 131 114

MensLine Australia: 1300 78 99 78 Available 24/7 is a unique telephone and online support, information and referral service, helping men to deal with relationship problems in a practical and effective way.

National Association for Loss and Grief: 6882 9222

NSW Poisons Information Centre: 13 11 26 available 24/7

Parentline: NSW: 132 055 (advice for parents between 9am –4.30pm Monday - Saturday)

Pregnancy Helpline: 1800 422 213

Raising Children Network: The Australian Parenting Website:
<http://raisingchildren.net.au>

Relationships Australia: 9418 8800 or 1300 364 277

Sane Helpline: (Mental Health Support) 1800 187 263

Suicide Call Back Service: Phone: 1300 65 94 67 (Cost of a local call)

Women's Legal Services NSW: T: 8745 6988 / 1800 801 501. Provide a voice for women in NSW and to promote access to justice.

Fairfield City Council: T: 9725 0222 | E: mail@fairfieldcity.nsw.gov.au

Family Assistance: 136 150 (between 8am - 8pm Monday to Friday)

Gay and Lesbian Counselling and Community Service

Australia(GLCS) NSW: 8594 9596(5:30pm -10:30pm daily), toll free (rural areas):1800 184 527

Homeless Persons Information Service: 9265 9081

Kidsafe: 9845 0890

Legal Aid Helpline: 1800 101 810 for under 18's, 9am to midnight, 24 hours on weekends.

Liverpool Youth Accommodation Assistance Company (LYAAC): T: 9600 6011 provides medium – long term supported accommodation service for young people aged 16 to 25

Mission Australia Helpline: 1300 886 999

Non English Speaking Housing for Women (NESH): 9726 7969 Fairfield NSW: offers supported accommodation for migrant non-English speaking background women and their children.

NSW Women's Refuge Resource Centre: Tel: 9698 9777 Fax: 9698 9771 Email: wrrc@wrrc.org.au A network of 55 refuges for women and children escaping domestic violence across NSW.

Parents Without Partners NSW: 9833 2633 Email: <http://www.pwp-nsw.org.au/www/>

Quit Smoking Helpline: 131 848

Reach Out Australia: <http://au.reachout.com> Provides advice on: 'Mental health difficulties', 'Alcohol and other drugs', 'Family and other relationships', 'Managing independence', 'Loss and grief', 'Physical health issues', 'Safety and violence', 'School, uni and TAFE', 'Sex and pregnancy', 'Sexuality and coming out'

Salvo Crises Line: 9331 2000

Sexual Assault Helpline: confidential 24hour helpline 1800 200 526 to talk with experienced counsellors. Rural: 1800 424 017

Sydney South West Area Community Health Services: Bankstown, Fairfield and Liverpool
<http://intranet.sswahs.nsw.gov.au/communityhealth/>

Youth Emergency Accommodation Lists (YEAL): Helpline metro: 9318 1531, Rural: 1800 244 830

Youth Connections: 1300 363 079 helps young people who have left school, or who are thinking of leaving school, to continue with their education and ultimately gain a Year 12 (or equivalent) level education.

KARI Aboriginal Resources Inc: Phone: 02 8782 0300

Police, Fire, Ambulance: 000